LEVEL OF ACTIVITY STATEMENT

A Level of Activity (LOA) statement is helpful in determining your physical capabilities or limitations. The information provided must be accurate and true to thebest of your knowledge. **Print** all information requested. Sign in the space provided.

(USE THE BACK OF THIS PAGE AS NEEDED)

1. What physical activities are you currently involved in? Including individual and team sports as well as anything physically demanding at your job.

2. How many times per week and for how long do you participate in each activity?

3. Do you have any physical limitations that would interfere or restrict you in any way from performing strenuous physical activity? If "YES", explain in detail.

4. Have you ever had sports or physical activities injuries? If "YES", explain in detail.

5. List all surgical, chiropractic or other medical care that you required help for, other than minor conditions (e.g.. the flu), within the last two years.

6. Is there any reasons that you could not fully participate at OCS or be commissioned as a United States Marine Corps Officer as scheduled? If "YES", explain in detail.

Printed name of applicant:_____

Signature of applicant _____ Date signed _____